

FREE Parenting Seminar Series



The Children's Hospital

There's a lot to parenting. Sometimes you need a quick tip, new idea or maybe a little support to get past the fussing and on to the laughing, growing and learning. That's where The Children's Hospital experts can help. *Sign up for a FREE seminar today!*

Childhood Sleeping Challenges

Thursday, October 7,* 7-8:30 p.m.

Guest Speaker: Bart Schmitt, MD

Transition to New Parenthood

Wednesday, October 13,* 9-10:30 a.m.

Guest Speaker: Ayelet Talmi, PhD

Toilet Training Challenges

Monday, October 18,* 9-10:30 a.m.

Guest Speaker: Bart Schmitt, MD

Talking About Toddlers

Tuesday, October 19,* 7-8:30 p.m.

Guest Speaker: Ayelet Talmi, PhD

Tumultuous Teen Years

Thursday, October 14,* 7-8:30 p.m.

Guest Speaker: Amy Sass, MD

Monday, October 25, 7-8:30 p.m.

Guest Speaker: Amy Sass, MD

Location: The Wildlife Experience,
10035 S. Peoria St., Parker, CO 80134

Admission is FREE, but space is limited!
RSVP for seminars and reserve child care online at
www.TheChildrensHospital.org/Parenting

If you have questions about any of the seminars, please call
(720) 777-5437. *This is not an RSVP line.*

**Unless otherwise noted, seminars are held at: The Children's Hospital,
2nd Floor Conference Center, 13123 E. 16th Avenue, Aurora CO 80045*



FREE Child Care for Attendees!

For those parenting seminars held at The Children's Hospital, child care will be provided by specially-trained Children's volunteers. **There is a maximum of 25 children who can be supervised during each seminar**, so RSVPs for child care will be on a first come, first served basis.

Age: Volunteers can supervise children ranging in age from newborn to 9 years.

Health: Children must be free of infectious diseases.

Parents/Guardians: All parents/guardians must be attending the parenting seminar and must be present to sign the check-in form.

Signs will be posted on the day of the seminar directing you to the Creative Play Center.

Online RSVP Required: Maximum of 25 children per seminar. First come, first served.

www.TheChildrensHospital.org/Parenting